



Guide to the Cyclo-Control Electricity `Heating and Hot Water' System

ADVICE ON HOW TO SAVE ENERGY

Heating

The heating in your block is based on a `thermostat' control, so the heating will only charge up when it is needed.

If you are going away, or you just wish to turn off the heating completely in your property, you can press the switch next to each storage heater into the `off' position, as pictured here.



There are also two control dials on your storage heaters, which you can adjust to control how much heating you use. These control dials will look something like the images below, depending which model you have.



The **Input control dial**, which should be on the *right hand side*, controls how much the heaters charge-up overnight and during the afternoon, with `5/6' being the highest setting.

To save energy, turn the input control dial down a bit.



The **Output control dial** can then be used to adjust how much heat is released from the heaters when they are charged. Try having this set at a low number during the day (1-3) and then moving it to a higher number in the evening (4-6), or when the outside temperature drops.

If your control dials do not have numbers printed on them, turn the dial clockwise as far as it will go - this will be the highest setting. Turn anti-clockwise for the lower settings.

Check:

If you can't access your control dials, or if you are unable to move any of your controls, please report this to our customer services team, so the necessary repairs can be arranged.

Customer Services: 0800 358 3783

Hot Water

The hot water storage tanks in each flat are heated mainly at night when the costs are cheaper. The tanks are heated to a pre-set temperature (c. 60 degrees). The tanks will retain this heat for quite a long time and it should be enough to provide your hot water needs during the day. There is also an afternoon top-up of hot water to ensure there's enough for the evening.

If you feel you need an extra boost of hot water during the day, you can use the hot water booster switch (see below), however **do not leave this switch on for any longer than you need** as it is the single most expensive way to heat your water.



Top Tip:

Having a hot water jacket on your hot water tank will help to keep your hot water 'hot' for longer.

Hot water jackets can be purchased from a range of sources online for around £15 - £20.