 **Queen’s Park Children’s Centre: Programme**

88 Bravington Road, London W9 3AL

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Baby and Me and** **Mums To-Be****10am -12pm****Drop In for expectant parents and new parents** **A friendly and calm space, offering** **Relaxation and yoga.****Citizens Advice Bureau****Walk- in** **10.30am – 11.30am****To book an appointment****Call 0207 641 5838****Talking Steps** **13.30pm – 15.00pm** **A free 6-week programme providing tips and advice for parents on how to support children’s language development through play and everyday activities!****Please contact Moira on** **0207 641 5838.** | **Stay & Play Drop-in****9:30 – 11:30am** **indoor and outdoor** learning environments that provides a place for play **Child Health Clinic****9.30am – 11.15am****Please bring red book** **Stay & Play Drop-in****1:00 – 3.00pm****indoor and outdoor** learning environments that provides a place for play  | **Stay & Play Drop-in****9:30 – 11:30am****indoor and outdoor** learning environments that provides a place for play **Domestic Abuse Consultant****10.00am – 4.00pm****Available for discreet, informal consultation****Stay & Play Drop-in****1:00 – 3.00pm****indoor and outdoor** learning environments that provides a place for play  | **Stay & Play Drop-in****9:30 – 11:30am****indoor and outdoor** learning environments that provides a place for play **Shelter Housing Advise****9.30am - 1.00pm****By appointments only****Free advice available on all housing related issues.** **Stay & Play Drop-in****1:00 – 3.00pm****indoor and outdoor** learning environments that provides a place for play  | **Baby Massage****10am – 11.30**4 week courseTo book a place please E-mailmfinn@westminster.gov.uk**Under 2s****Stay & Play Drop-in****1:00 – 3.00pm****indoor and outdoor** learning environments that provides a place for play **Breastfeeding support****Midwife guidance** **1.30pm – 3.30pm** |