 **Queen’s Park Children’s Centre: Programme**

88 Bravington Road, London W9 3AL

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| **Baby and Me and**  **Mums To-Be**  **10am -12pm**  **Drop In for expectant parents and new parents**  **A friendly and calm space, offering**  **Relaxation and yoga.**  **Citizens Advice Bureau**  **Walk- in**  **10.30am – 11.30am**  **To book an appointment**  **Call 0207 641 5838**  **Talking Steps**  **13.30pm – 15.00pm**    **A free 6-week programme providing tips and advice for parents on how to support children’s language development through play and everyday activities!**  **Please contact Moira on**  **0207 641 5838.** | **Stay & Play Drop-in**  **9:30 – 11:30am**  **indoor and outdoor**  learning environments that provides a place for play  **Child Health Clinic**  **9.30am – 11.15am**  **Please bring red book**  **Stay & Play Drop-in**  **1:00 – 3.00pm**  **indoor and outdoor**  learning environments that provides a place for play | **Stay & Play Drop-in**  **9:30 – 11:30am**  **indoor and outdoor**  learning environments that provides a place for play  **Domestic Abuse Consultant**  **10.00am – 4.00pm**  **Available for discreet, informal consultation**  **Stay & Play Drop-in**  **1:00 – 3.00pm**  **indoor and outdoor**  learning environments that provides a place for play | **Stay & Play Drop-in**  **9:30 – 11:30am**  **indoor and outdoor**  learning environments that provides a place for play  **Shelter Housing Advise**  **9.30am - 1.00pm**  **By appointments only**  **Free advice available on all housing related issues.**  **Stay & Play Drop-in**  **1:00 – 3.00pm**  **indoor and outdoor**  learning environments that provides a place for play | **Baby Massage**  **10am – 11.30**  4 week course  To book a place please E-mail  mfinn@westminster.gov.uk  **Under 2s**  **Stay & Play Drop-in**  **1:00 – 3.00pm**  **indoor and outdoor**  learning environments that  provides a place for play  **Breastfeeding support**  **Midwife guidance**  **1.30pm – 3.30pm** |