



# Top tips to help you save

Making some simple changes throughout your home can help you save money.



## Doors

Keep the doors closed in your home.

## Draught excluders

Seal up draughts with draught excluders or silicone mastic to save up to £25 a year.



## Curtains

Use your windows as solar panels. Have south facing curtains open in the day to collect the sun's warmth and make sure all curtains are closed when night draws in. Don't drape your curtains over radiators as this sends heat straight out of your windows.



## Radiators

Don't dry clothes on the radiators. It makes your boiler work harder than it needs to, wasting energy unnecessarily. Turn off radiators in rooms you use less often. Use radiator reflector panels. They cost £25 for a typical home and could reduce your heating bill by as much as 20% or £60 per year.



## Thermostat

If you have a thermostat control panel, turning this down just one degree could cut your heating bills by up to ten per cent and save you around £65 a year.



## Shower

Have a shower instead of a bath. This will save both water and energy needed to heat the water.

Fit an eco-shower head to cut your water use further. They cost around £25 and a family of four will save up to £72 a year on water heating. See 'Support' section to get a free one.

## Support available



For free independent help and advice on how to save energy in your home, contact the Energy Saving Trust.

Web: [www.energysavingtrust.org.uk](http://www.energysavingtrust.org.uk)

Email: [energy-advice@est.org.uk](mailto:energy-advice@est.org.uk)

Tel: 0300 123 1234 (national rate call)

### Free eco devices:

Apply for free water saving devices from Thames Water at

[www.thameswater.co.uk/save-water/water-saving-freebies](http://www.thameswater.co.uk/save-water/water-saving-freebies)

### Worried about paying your energy bills?

Contact our customer services team. We can offer help on benefit entitlement and a referral to an advice agency if required.

Tel: 0800 358 3783 Email: [heatingenquiries@westminster.gov.uk](mailto:heatingenquiries@westminster.gov.uk)