



Your car idling produces up to

**150 balloons of
exhaust emissions**

containing harmful chemicals
like cyanide, NOx and PM2.5
every minute.

Car idling contributes to premature deaths and unnecessary health issues in Westminster.

Turning off your engine could help children's health, reduce asthma, heart disease and lung cancer.

Idling wastes fuel and money as well as increasing wear and tear on your engine.

Everyone is affected.

By making this small change you will make a big difference.

Sign our **#DontBeIdle** pledge and help improve air quality in the city.

westminster.gov.uk/dont-be-idle

#DontBeIdle

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City of Westminster