

Kensington and Chelsea and Westminster Change4Life Service Neighbourhood Projects



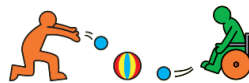
Are you interested in supporting your neighbourhood to find ways to eat well and be active?

Join us to create Neighbourhood Projects to support children, young people and families to:

eat
better



move
more



feel
good



We are inviting any members of the community to bring their local knowledge and co-create a movement to improve physical health and wellbeing in your area.

Work with us on the Neighbourhood Project to:

- Choose the theme of the project
- Co-design activities and/or campaigns
- Implement activities and/or campaigns
- Promote Change4Life health messages

Never done this kind of thing before. Don't worry we will support you all the way and help you develop the skills you need. We will:

- Provide training on key Change4Life health messages
- Support you in all aspects of neighbourhood project design, planning and implementation
- Work together to run activities and/or campaigns

Everyone is welcome to join us.

Save the date: First meeting - **Tuesday 27th April 2021 2 - 3.30 p.m.**

Contact

If you would like to be involved, please register and we will send meeting details.

For more information, please contact:

Change4LifeNeighbourhoods@family-action.org.uk

