

Signposting information

Community Equipment to help with daily living

'Community equipment' refers to a range of items that are designed to help people who experience difficulties with day to day activities.

This equipment can help you with activities such as bathing, walking, using the toilet and kitchen tasks.

Westminster has been working with a number of shops to provide a range of these items for people who wish to buy them. These shops are listed on the back of this leaflet.

To find out more about what equipment might help before you buy it there are a number of options.

You can:

1. Complete an online self assessment tool known as AskSARA at www.asksara.org.uk to help assess your equipment needs.

If you need help to use AskSARA you can contact the Disabled Living Foundation on 0845 470 7272, Monday- Friday between 10am and 4pm.

2. Visit the Disabled Living Foundation's large Equipment Demonstration Centre, 380-384 Harrow Road, W9 2HU. It is open Monday to Friday from 10am to 4pm. To make an appointment call 0845 130 9177 or email centre@dlf.org.uk.

The centre has staff who can offer independent, free and expert advice about what equipment may help.

Where to go for equipment

Location of shops in Westminster are shown on the map provided.

Shop name and address	Contact number	Opening hours
Browns Pharmacy 195 Shirland Rd London, W9 2EU	020 7286 0377	9am - 7.30pm (Mon - Fri) 9am - 7pm (Sat) 10:30 - 1pm (Sun)
John Bell & Croydon 50-54 Wigmore Street London, W1U 2AU (No fitting service offered)	020 7935 5555	9am - 6.30pm (Mon - Fri) 9:30am - 6pm (Sat)
Medequip Unit 5, Sovereign House Mandela Way London, SE1 5SR	020 7231 6816	8:30am - 5pm (Mon - Fri)
Nashi Pharmacy 55 Westbourne Grove London, W2 4UA	020 7229 3559	9am - 7pm (Mon - Wed) 9am - 6pm (Thurs) 9am - 7pm (Fri) 9:30 - 6pm (Sat)
Portman's Pharmacy 93-95 Tachbrook Street London, SW1V 2QA	020 7834 2816	9am - 6.30pm (Mon - Fri) 9am - 5:30pm (Sat)
Redland Healthcare 24a Portman Rd Reading, RG30 1EA (Mobile shop service in Westminster)	07867 523 627	8:30am - 5pm (Mon - Fri) 9am - 1pm (Sat)
Sherlock Holmes Pharmacy 82a Baker Street London, W1U 6AA	020 7935 9667	9am - 6.30pm (Mon - Fri) 10am - 5pm (Sat)
Simmonds Pharmacy 105 Lupus Street London, SW1V 3EN	020 7834 7050	9am - 6pm (Mon - Fri) 9am - 5pm (Sat)
Sumer Pharmacy 340 Harrow Rd London, W9 2HP	020 7286 1514	9am - 6.30pm (Mon - Fri) 10am - 4pm (Sat)