

LDN living

a learning disability network
for London

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A new service run by:



The Westminster Society
for people with learning disabilities

About LDN Living

LDN Living (London Living) is a new service which has been designed to ensure a basic level of support for vulnerable adults with learning disabilities, who receive little or no support from other agencies and also support young people in transition from youth to adult services.

LDN Living will provide a range of exciting and varied group sessions and drop-in activities, as well as providing one-to-one support for both adults and young people with learning disabilities, and their families.

The aim of LDN Living is to provide creative and flexible activities that support people in their use of the local community, whilst reducing social isolation, increasing inclusion, developing individual skills and raising health awareness.

Sessions will be delivered through a range of community resources including Croxley Road, LDN Living Drop-In, Lisson Green Play Centre and in partnership with other organisations which specialise in the arts, employment, health and education.

Who can use LDN Living?

- Young people with learning disabilities aged between 14 and 20 (some groups up to 25 years)
- Adults with a learning disability (aged 18 years +)
- Some drop-in sessions are open to parents or carers who have a child with a learning disability and their families

Priority will be given to people who live independently (or with a family member or carer) and only receive minimal or no support at all from external agencies.



How do you apply to use LDN Living?

To join any of our groups you just need to fill out a LDN Living membership form which makes you a member. Drop-in sessions are open to non-members with learning disabilities and their families.



There is no membership fee for 2011, but there may be some additional financial contributions in certain groups towards trips, short breaks or specific activities. If you know someone who you think might benefit from attending LDN Living groups, then please get in touch with us.

What groups do LDN Living run?

We currently aim to run over 20 separate groups and drop-in sessions during 2011. These groups will run from Monday to Sunday and the lists below give you an idea of what types of sessions will be available. Our wide range of LDN Living groups and drop-in sessions aim to meet the needs of isolated and vulnerable young people and adults with learning disabilities, whilst supporting them to learn new and useful skills.

Each specific group has their own leaflet which gives you more information about what the group does and when and where the group operates. You can pick up leaflets from 16A Croxley Road, or you can download them from our main website: www.wspld.org.uk

Young People

Transition Project
Inclusive Youth
Community Access
My Life Book
Duke of Edinburgh
Looking After Myself
Youth Holidays
Later Live
Summer Scheme

Adults

Come Dine With Us
How to Look & Feel Good
Croxley Social Club
Friday Music Night
Football Group
Friendships & Relationships
A Day in My Life
Summer Scheme

Drop-In

My Health
My Learning
My Home
My Family
My Money
Open Sessions

All enquiries should be made to:

Lorraine Naughton (LDN Living Service Manager)

The Westminster Society, 16a Croxley Road, London W9 3HL
0208 968 2684 / 07866 304 385 lnaughton@wspld.org



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Membership Form for joining our sessions

Run by:



The Westminster Society
for people with learning disabilities

16a Croxley Road, London W9 3HL

020 8968 7376

www.wspld.org.uk

How do I apply to use LDN Living?

If you are interested in joining any of the LDN Living groups then you firstly need to join as a LDN Living Member by completing this form. We would appreciate it if you could name the 5 groups which you would most like to attend in the spaces provided.

People who already attend the programmes will be automatically offered membership.

Fees

Membership for 2011 is free for everyone.

Some groups may require additional financial contributions to go towards trips, short breaks or specific activities, but wherever possible we try and keep this to a minimum. For more information about specific groups just get in touch with the LDN Living Service Manager.

How can I help someone else attend LDN Living?

If you are a parent or carer of someone with a learning disability or a social worker / health professional who supports someone you think would benefit from using this service, then please contact the LDN Living Service Manager Lorraine Naughton.

You can refer someone on their behalf, but only with their consent. In the case of young people, their parent or carer must also give their consent and referrals can also be made by schools and other professionals such as Westminster Youth Referral Groups.

**Please send you completed
application form to:**



The Westminster Society
for people with learning disabilities

Lorraine Naughton (LDN Living Service Manager)

The Westminster Society

16a Croxley Road

London, W9 3HL

Phone: 020 8968 2684 / 07866 304 385

Email: lnaughton@wspld.org



Membership Form

Person wanting to attend

First Name:

Last Name:

Home Address:

Postcode:

Phone No: (Home) (Mobile)

Date of Birth: / /

Gender: Male Female *(please tick)*

Ethnicity:

Support Needs

Health: *(Please include details of medical conditions and medication regimes)*

Personal Care:

Mobility:

Communication:

LDN Living Groups you would like to attend:

(Please name the 5 groups which you would most like to attend)

1

2

3

4

5

Next of Kin Details

First Name:

Last Name:

Home Address:

Postcode:

Phone No:

(Mobile)

(Home)